



Freedom

WORKBOOK

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Heartsearch Inventory

Explore aspects of your life – past and present –
that may be influencing you today

www.freedomministryint.com





01. Introduction

Freedom is an opportunity for you to encounter God and be changed in His presence. God desires to bring you more fully into the freedom you are promised in Christ, and we are prayerfully anticipating that He will do just that during your upcoming Freedom Weekend!

The HeartSearch Inventory is a tool designed to help you get ready for Freedom Weekend by bringing to light areas in your life where God may wish to bring you greater freedom. It will help you explore aspects of your life – past and present – that may be influencing you today.

Answer the questions as truthfully as you can. Where prompts are listed, indicate “No” for issues that are not relevant for your life, “Past” for concerns that were once present but are no longer a problem, and “Pattern” for issues that are present and ongoing.

This is a tool for you only. It is confidential and you will not be expected to disclose it to anyone. Simply use the inventory as a means to allow God to “search your heart.”

Take a moment to pray for the Holy Spirit to bring revelation as you complete the HeartSearch Inventory. Allow God to prepare your heart for what He may wish to do during Freedom Weekend. He loves you passionately and desires that you know Him and His freedom all the more!

“Search me, O God, and know my heart! Try me and know my thoughts!”
Psalm 139:23

2. Relationships

1. Describe your relationship with each immediate or significant family member with 2-3 adjectives.

(Examples: good, intimate, estranged, destructive, respectful)

2. Describe your parents' relationship.

3. How was conflict handled in your family? Anger? Tension?

2. Relationships

4. How was authority worked out in your family?

5. What were the implied messages about sexuality in your family?

6. What did you family consider “success”?

2. Relationships

7. Describe your relationship with your spouse (if married).

8. Describe your relationship with your children (if applicable).

3. Family Background

1. Who in your family is a follower of Christ?

2. Do you or anyone in your family practice the following religions?

- No Past Pattern
- Hinduism
- Islam
- Baha'i faith
- Jehovah's Witness
- Buddhism
- Krishna
- Mormonism
- Christian Science
- Other: _____

3. Family Background

3. Do you or anyone in your family participate in the following spiritual activities?

- No Past Pattern
- Calling on dead/spirits(Mudzimu/amadhlozi)
- Psychics
- Reading horoscopes
- Palm reading or fortune telling
- Practicing “magic”
- Practicing superstitions
- Out-of-body experiences
- Ouija boards
- Secret order groups
- Cults of any type
- Transcendental meditation
- Fascination with occult movies
- Other: _____

3. Family Background

4. Have you or anyone in your family experienced the following tragedies?

- No Past Pattern
- Murder
- Fire
- Divorce
- Extreme poverty
- Financial ruin
- Abuse
- Rape
- Incest
- Other: _____


3. Family Background

5. Do you recognize a pattern of any of the following sins in your family?

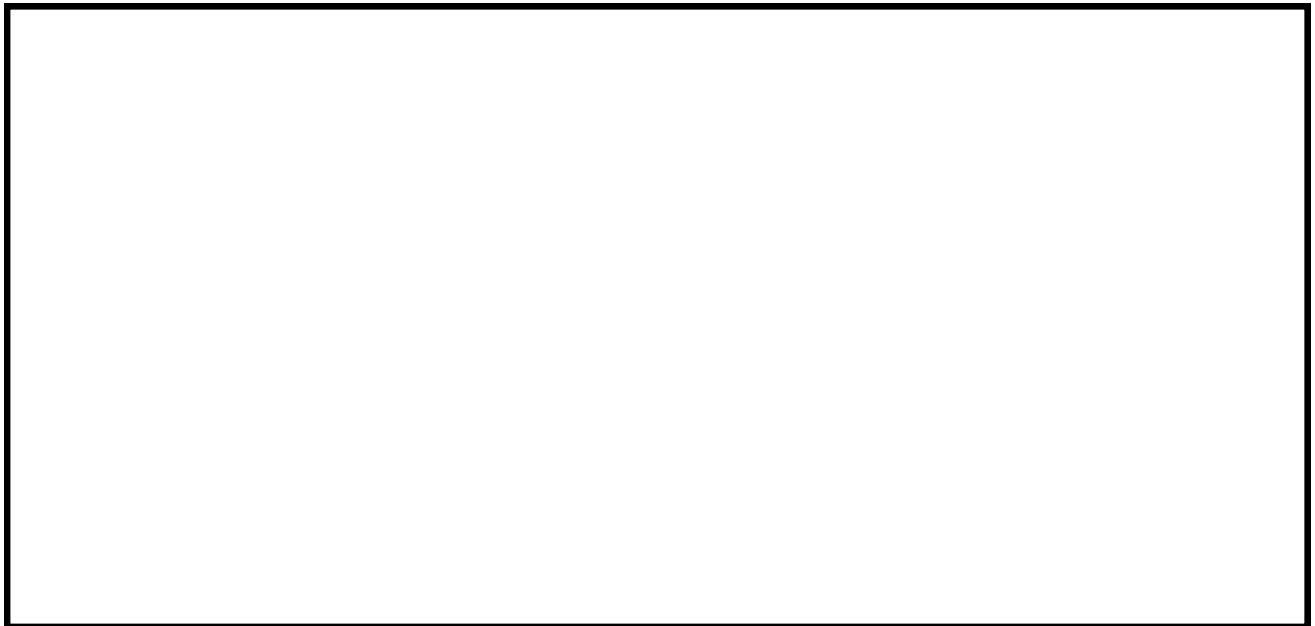
- No Past Pattern
- Violence
- Verbal abuse
- Physical abuse
- Sexual abuse
- Adultery
- Rejection
- Abandonment
- Other: _____

4. Personal Concerns

1. How would you describe yourself?



2. If you could ask God to transform one area in your heart, what would it be?



4. Personal Concerns

3. Do you habitually experience any of the following thoughts or feelings?

- No Past Pattern
- Anxiety or fear
- Bitterness
- Anger
- Confusion
- Being critical of others
- Apathy
- Perfectionism
- Loneliness or isolation
- Feelings of inferiority
- Arrogance
- Indecisiveness
- Racism
- Long periods of depression
- Hatred
- Envy or jealousy
- Difficulty forgiving others
- Other: _____

4. Personal Concerns

4. Are any of the following behaviors a struggle for you?

- No Past Pattern
- Dishonesty
- Manipulation
- Food restriction or binging
- Frequent tardiness
- Breaking promises
- Insomnia
- Stealing
- Forgetfulness
- Alcohol abuse
- Drug abuse
- Violence
- Gambling
- Arguing
- Addiction to television or computer
- Seductive behavior
- Profanity
- Gossip
- Other: _____

4. Personal Concerns

5. Do you participate in any of the following sexual sins?

- No Past Pattern
- Premarital sex
- Adultery
- Homosexuality
- Lust
- Incest
- Masturbation
- Pornography
- Other: _____

6. Do you experience any of the following spiritual encounters?

- No Past Pattern
- Nightmares
- Demonic visions or visitations
- Premonitions
- Fearful or unclean thoughts
- Oppressive driving thoughts
- Other: _____

4. Personal Concerns

7. Do any of the following commands in God's Word create a significant struggle for you?

- No Past Pattern
- Prayer
- Fasting
- Meditation
- Tithing
- Self-control
- Faith
- Submission to spiritual authority
- Community with believers
- Growing in Christ-likeness
- Cooperation with the Holy Spirit
- Other: _____

5. Summary

When we receive Christ, we become a new creation in Him (2 Corinthians 5:17). This does not mean, however, that all our ungodly and destructive patterns disappear following conversion. There is a process of sanctification in which God makes us more like Christ in heart, mind, and deed. Concerns that you identified as “Patterns” in your life or in your family indicate areas that may need to be exposed to God’s deliverance.

Take the time to review your answers in the HeartSearch Inventory. Write down the 2-3 main areas in your life where you feel God may desire to bring you greater freedom.

The first step toward experiencing spiritual freedom is recognizing sinful patterns that bind us. The next step is inviting God into those areas of our hearts. You may feel led to share any conclusions you draw from the HeartSearch Inventory with one of the team at the Freedom Retreat .God has chosen to work through the body of His church: spiritual healing occurs as we openly confess our sins to other believers (James 5:16).

Because of Christ’s victory on the cross, we can experience continued victory over the sin and hurt at work in our lives. As we submit to God’s deliverance, we are empowered to live lives that are aligned with His purposes. We are freed to become our true selves in Christ!